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Commentary by Bryan E. Bledsoe, DO, FACEP, EMT-P

18

Treat A Man Like You'd Treat A Brother

- People must be good to each other
- EMS is a caring and helping profession, and you must always be kind to your patients and their families, your coworkers, your employer and others you deal with daily
- Like the Golden Rule you take care of your neighbors, and they will, in turn, take care of you

Make Your Word Or Handshake Your Guarantee

- Honesty is a big part of cowboy culture and an essential part of EMS.
- It is said:
 - "Truth is the ruler for the measure of a man"
 - "You can't shoot a hole in an honest man's story"
 - "The easiest way to eat crow is when it is still warm"

20

Respect Your Elders

- This concept has been lost in modern society
- The old folks are our heritage, and we are their legacy
- This means we show respect by calling a person "Mr. or Mrs." and use phrases as, "yes ma'am" or "no sir"

21



- Remove dirty shoes before entering a house, clean up your bio
- Ensure that cherished pets and other items are taken care before leaving a patient's house
- If you borrow something, return it.
- If it breaks, fix it
- If it can't be fixed, replace it







You've Got To Hold The Trail And Get The Herd In It's very easy to get distracted by many of the issues and conflicts that surround EMS But you must remember that your primary concern is always the patient and their welfare. If you always put the patient first, you will continue to be an excellent EMT

Always Take Care Of Your Horse, Your Saddle And Your Riggings

- Cowboys know that their lives depend on their horses, and tools
- Likewise, in EMS, our patient's lives depend on our ambulances and equipment
- You never know when the most obscure item on your ambulance will be needed

26

Always Ride For The Brand And The Glory

- Be loyal to the profession and to your employer
- Many employer-employee issues can be averted by the employer respecting the employee and by the employee respecting the employer and being loyal to the organization

27

You Can't Ride A Greenback

- If you're in EMS only for the pay, you're in it for the wrong reason
 - If your motive for working in EMS is the paycheck, you're destined to be horribly disillusioned and disenchanted

Don't Bow To Nothing But The Lord On Bended Knee

- Stick to your convictions
- Most of the things you need for success in life were acquired before you were 10 years old

29

Respect The Land, And It Will Respect You

 We are stewards of the earth and must take care of it for our children and grandchildren

30

Although cowboy culture is full of colorful, even corny metaphors, you can see that the principles of cowboy life easily translate to EMS. If you practice these, you'll be an excellent EMS provider. So the next time somebody accuses you of being an "EMS cowboy" or "EMS cowgirl," simply tip your hat and say, "Yes sir, I am, and proud of it."

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