

Heart Anatomy

- It beats over 100,000 times a day to pump over 1,800 gallons of blood per day through over 60,000 miles of blood vessels.
- During the average lifetime, the heart pumps nearly 3 billion times, delivering over 50 million gallons of blood!

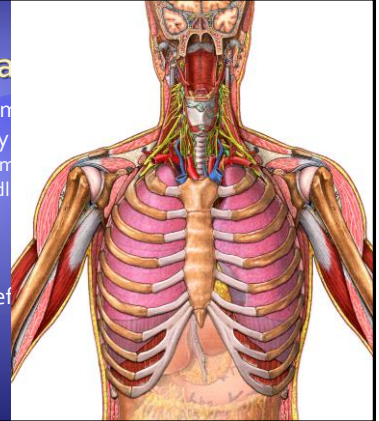
Heart Anatomy

- Muscular pump
 - Two atria
 - Two ventricles
- Cone shape
 - Top is Base
 - Bottom is Apex
- Size of closed fist
 - 9-12 oz.



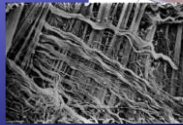
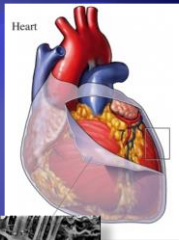
Heart Ana

- In mediastinum thoracic cavity
 - 2/3 of heart's mass lies left of midline sternum
- Tilted slightly towards the left chest



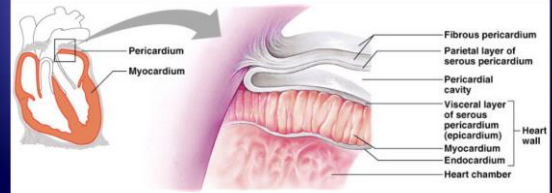
Pericardium

- Fibrous outer layer
- Serous pericardium
 - Parietal layer
 - Beneath the fibrous
 - Visceral layer
 - Attached to epicardium
- Cavity between layers contains pericardial fluid
 - Reduces friction



Heart Wall

- Epicardium
 - "Visceral pericardium"
 - Smooth surface
- Myocardium



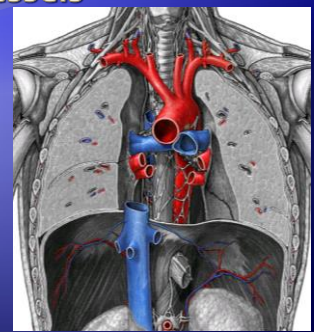
Coronary Vessels

- Seven large veins carry blood to the heart
 - Pulmonary veins (4)
 - Superior and inferior vena cavae (2)
- Coronary sinus (1)



Coronary Vessels

- Aorta
- Pulmonary trunk
- Coronary arteries supply heart muscle



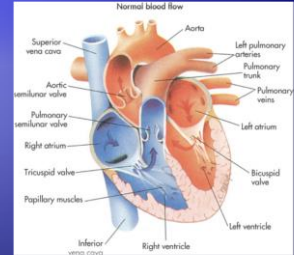
Ductus Arteriosus



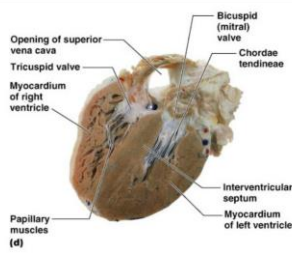
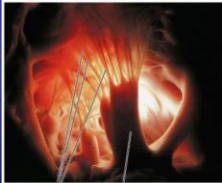
- During Fetal life:
- Connects Pulmonary Trunk with the Aorta
- Diverts blood away from the non-functioning lungs
- Normally closes after birth leaving a remnant known as the ligamentum arteriosum

Atrioventricular Valves

- Allow blood flow from atria into ventricles
- Held by chordae tendineae
 - Controlled by papillary muscles
- Prevent backflow
- Tricuspid valve
- Mitral (bicuspid) valve



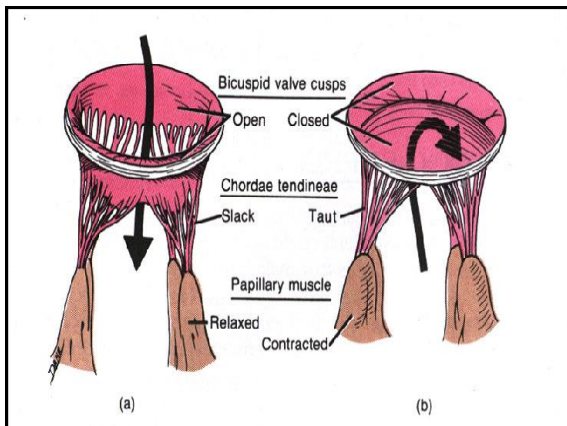
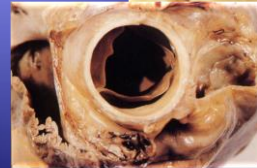
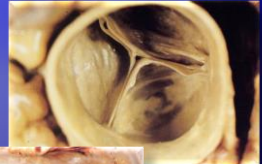
Heart Valves



Chordae tendineae attached to tricuspid valve flap (e)

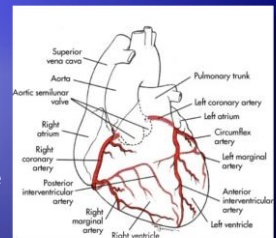
Semilunar Valves

- Aortic and pulmonary semilunar valves
- Block blood flow
- Blood pushes against valves, forcing them open
- Blood flowing from aorta or pulmonary trunk causes valves to close



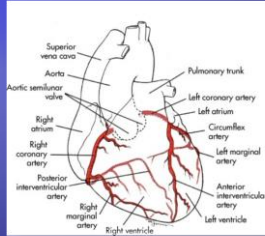
Coronary Arteries

- Supply arterial blood to heart muscle
 - 200-250 mL/min at rest
 - Left coronary artery carries about 85% of blood supply to myocardium
 - Right coronary artery carries remainder
- Originate above aortic valve
- Most coronary artery perfusion occurs during diastole



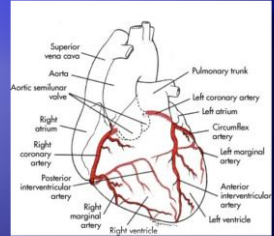
Left Coronary Artery (LCA)

- Divides into left anterior descending and circumflex arteries
- Left anterior descending (LAD) supplies:
 - Anterior wall of left ventricle
 - Interventricular septum
- Circumflex supplies (LCX):
 - Lateral and posterior portions of left ventricle
 - Part of right ventricle



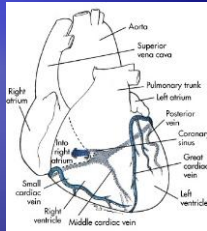
Coronary Arteries

- Right coronary artery and left anterior descending artery supply:
 - Most of right atrium and ventricle
 - Inferior aspect of left ventricle
- Anastomoses provide collateral circulation



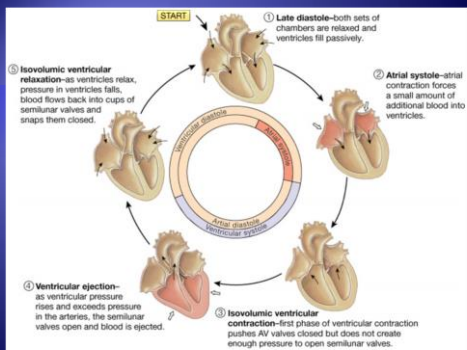
Coronary Capillaries

- Exchange nutrients and metabolic wastes
- Merge to form coronary veins
- Coronary sinus empties into right atrium
 - Major vein draining myocardium



Cardiac Cycle

- Actual time sequence between ventricular contraction and relaxation (0.8 seconds)
- Systole (contraction)
 - Lasts about 0.28 seconds
 - Atrial
 - provides only 30% filling of ventricles
 - Ventricular
- Diastole
 - Lasts 0.52 seconds
 - Atrial
 - Ventricular
 - 70% passive filling of ventricles
 - Coronary arteries fill

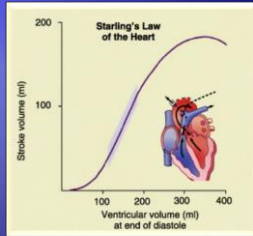


Cardiac Output

- Stroke volume
 - Amount of blood one ventricle pumps in a single contraction
 - 70 mL
- Heart rate
 - Number of contractions in one minute
- Preload
 - End diastolic pressure (EDP)
 - Pressure in ventricles at the end of diastole
 - More important than afterload (ESP) in determining cardiac output

Cardiac Output

- Contractility
 - Determined by preload and inotropics
- Starling's law
 - Myocardial fibers contract more forcefully when stretched



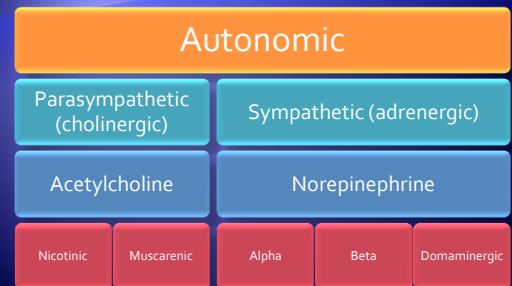
Cardiac Output

- Afterload (ESP)
 - Peripheral vascular resistance
 - Nature of arterioles
- Blood pressure = CO X PVR

Cardiac Output

- Around 5L :
(72 beats/m × 70 ml/beat = 5040 ml)
- Rate: beats per minute
- Volume: ml per beat
 - EDV - ESV
 - Residual (about 50%)

Nervous System Control of the Heart



Sympathetic Control

- Cardioacceleratory Center
- Sympathetic ganglion
 - Innervates SA node, atria, AV junction, ventricles
- Adrenergic receptor sites

Sympathetic Control

- Norepinephrine
 - Dopaminergic (carotid arteries, renal, mesenteric, visceral blood vessels)
 - Stimulation causes dilation
 - Alpha (skin, cerebral, visceral)
 - Beta₁ (heart)
 - Beta₂ (lungs)

Sympathetic Control

- Postganglionic sympathetic fibers release norepinephrine; have effects on myocardium:
 - Inotropic (force of contractility)
 - Dromotropic (velocity of conduction)
 - Chronotropic (heart rate)

Sympathetic Control

- Sympathetic stimulation of the heart
 - Dilation of coronary blood vessels
 - Constriction of peripheral vessels
 - Increased oxygen demands of the heart met by increase in blood and oxygen supply

Parasympathetic Control

- Cardiac Inhibitory Center (CIC)
 - Vagus nerve (X)
 - Innervates SA node, atria, AV junction
 - Cholinergic receptor sites

Parasympathetic Control

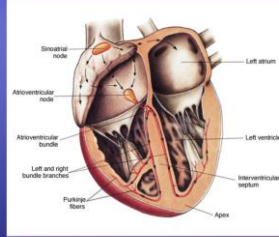
- Acetylcholine
 - Nicotinic (skeletal muscle)
 - Muscarinic (smooth muscle)
- Slows rate at the SA node
- Slows conduction through AV node
- Decreases strength of atrial contraction
- Small effect on ventricular contraction

Parasympathetic Control

- Parasympathetic innervation of the heart by vagus nerve
 - Continuous inhibitory influence on the heart by decreasing heart rate and contractility

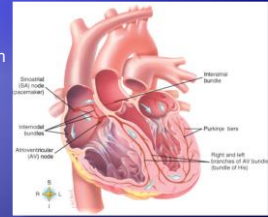
BRIEF ELECTROPHYSIOLOGY REVIEW

Conduction System of the Heart



Electrical Conduction System

- Sinoatrial node (SA node)
- Atrioventricular (AV) junction
 - AV node
 - Delay 0.15 sec.
 - Bundle of His
- His-Purkinje system
 - Bundle branches
 - Right
 - Left anterior fascicle
 - Left posterior fascicle



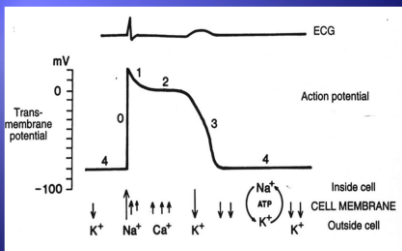
Cardiac Cell Properties

- Automaticity
 - Ability to generate own electrical impulses
 - Pacemaker sites
- Excitability
 - Irritability – ability to respond to impulses
- Conductivity
 - Ability to receive and transmit impulses (syncytium)
- Contractility
 - Rhythmicity – cause contraction in response to stimuli

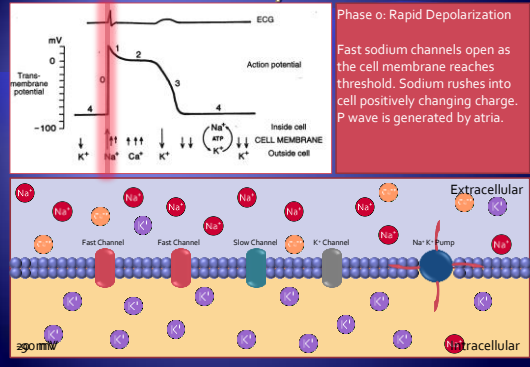
Cardiac Action Potential

- Phase 0 (rapid depolarization phase)
- Phase 1 (early rapid depolarization phase)
- Phase 2 (plateau phase)
- Phase 3 (terminal phase of rapid repolarization)
- Phase 4 (resting period)

Action Potential of Myocardial Cells

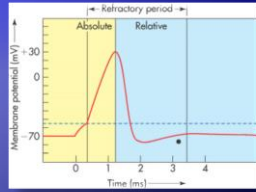


Action Potential of Myocardial Cells



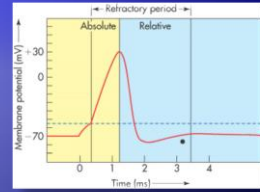
Absolute Refractory Period

- Absolute refractory period
 - Cardiac muscle cell is completely insensitive to stimulation
- Refractory period of ventricles is about same duration as action potential



Relative Refractory Period

- Muscle cell is more difficult than normal to excite but can still be stimulated



QUESTIONS?