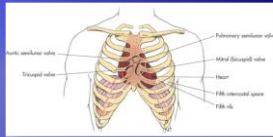


## Heart Anatomy

- It beats over 100,000 times a day to pump over 1,800 gallons of blood per day through over 60,000 miles of blood vessels.
- During the average lifetime, the heart pumps nearly 3 billion times, delivering over 50 million gallons of blood!

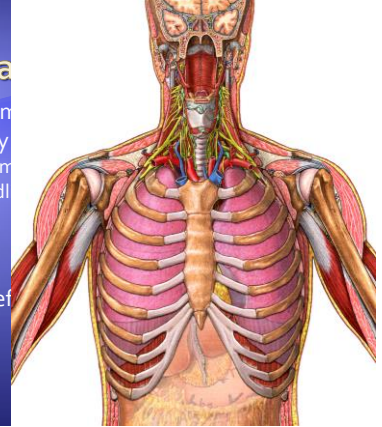
## Heart Anatomy

- Muscular pump
  - Two atria
  - Two ventricles
- Cone shape
  - Top is Base
  - Bottom is Apex
- Size of closed fist
  - 9-12 oz.



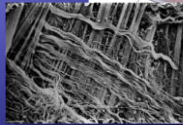
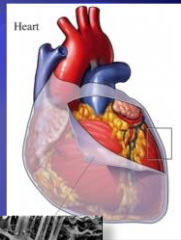
## Heart Ana

- In mediastinum thoracic cavity
  - 2/3 of heart's mass lies left of midline sternum
- Tilted slightly towards the left chest



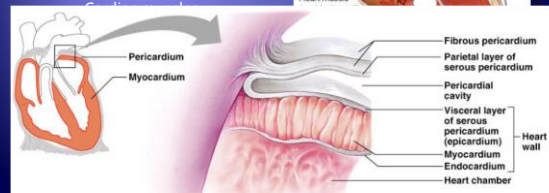
## Pericardium

- Fibrous outer layer
- Serous pericardium
  - Parietal layer
    - Beneath the fibrous
  - Visceral layer
    - Attached to epicardium
- Cavity between layers contains pericardial fluid
  - Reduces friction



## Heart Wall

- Epicardium
  - "Visceral pericardium"
  - Smooth surface
- Myocardium



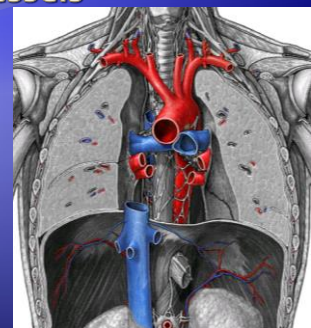
## Coronary Vessels

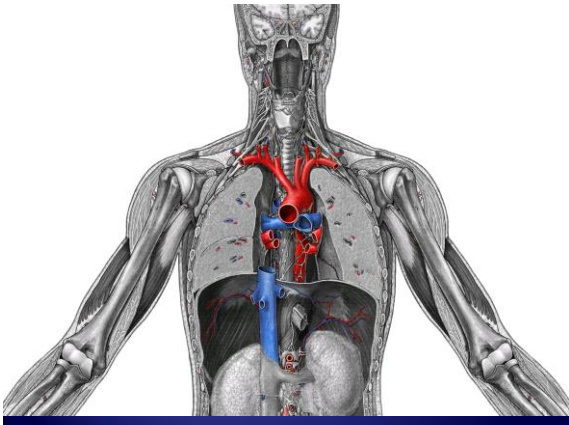
- Seven large veins carry blood to the heart
  - Pulmonary veins (4)
  - Superior and inferior vena cavae (2)
- Coronary sinus (1)



## Coronary Vessels

- Aorta
- Pulmonary trunk
- Coronary arteries supply heart muscle

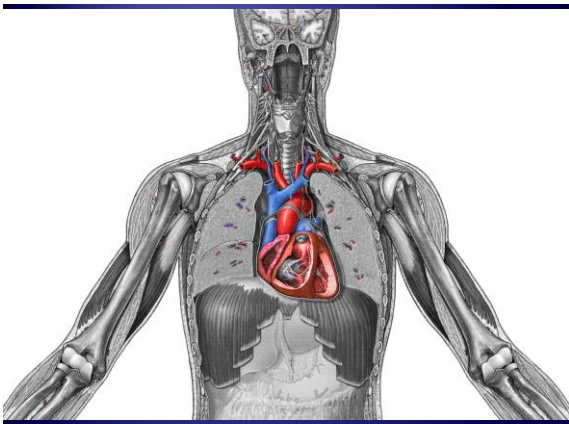




## Ductus Arteriosus

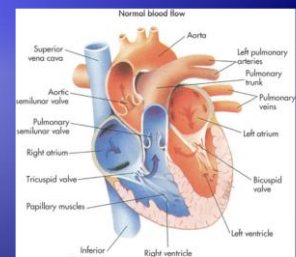


- During Fetal life:
- Connects Pulmonary Trunk with the Aorta
- Diverts blood away from the non-functioning lungs
- Normally closes after birth leaving a remnant known as the ligamentum arteriosum



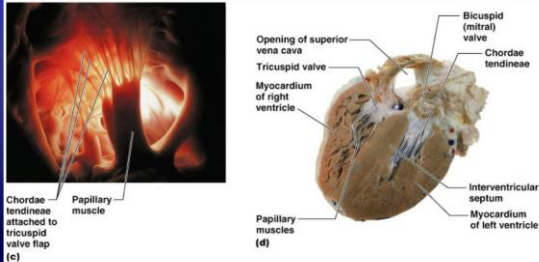
## Atrioventricular Valves

- Allow blood flow from atria into ventricles
- Held by chordae tendineae
  - Controlled by papillary muscles
- Prevent backflow
- Tricuspid valve
- Mitral (bicuspid) valve



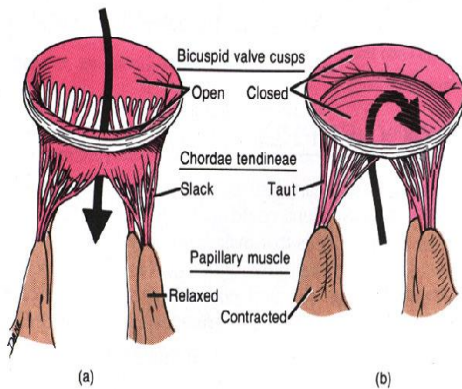
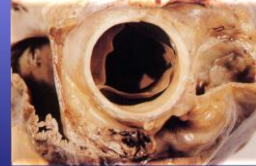
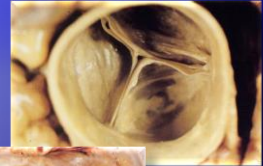


## Heart Valves



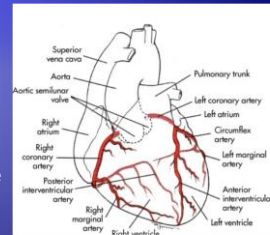
## Semilunar Valves

- Aortic and pulmonary semilunar valves
- Block blood flow
- Blood pushes against valves, forcing them open
- Blood flowing from aorta or pulmonary trunk causes valves to close



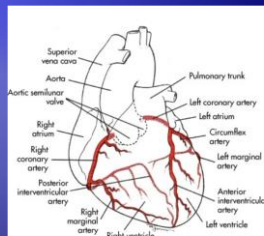
## Coronary Arteries

- Supply arterial blood to heart muscle
- 200-250 mL/min at rest
- Left coronary artery carries about 8-9% of blood supply to myocardium
- Right coronary artery carries remainder
- Originate above aortic valve
- Most coronary artery perfusion occurs during diastole



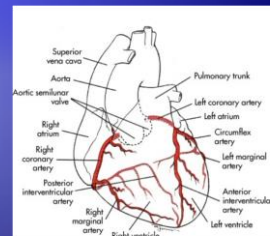
## Left Coronary Artery (LCA)

- Divides into left anterior descending and circumflex arteries
- Left anterior descending (LAD) supplies:
  - Anterior wall of left ventricle
  - Interventricular septum
- Circumflex supplies (LCX):
  - Lateral and posterior portions of left ventricle
  - Part of right ventricle



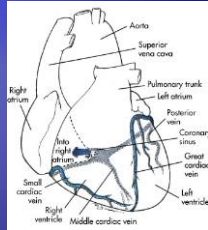
## Coronary Arteries

- Right coronary artery and left anterior descending artery supply:
  - Most of right atrium and ventricle
  - Inferior aspect of left ventricle
- Anastomoses provide collateral circulation



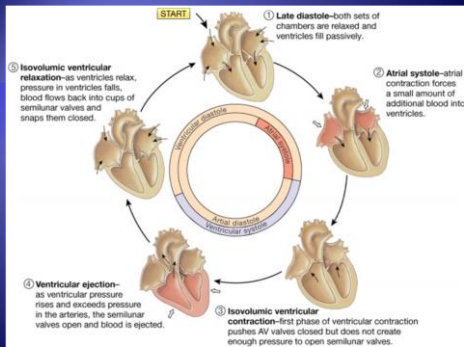
## Coronary Capillaries

- Exchange nutrients and metabolic wastes
- Merge to form coronary veins
- Coronary sinus empties into right atrium
  - Major vein draining myocardium

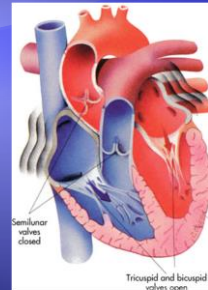


## Cardiac Cycle

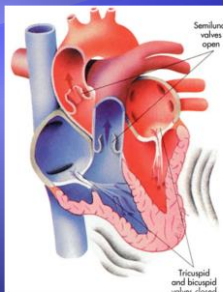
- Actual time sequence between ventricular contraction and relaxation (0.8 seconds)
- Systole (contraction)
  - Lasts about 0.28 seconds
  - Atrial
    - provides only 30% filling of ventricles
  - Ventricular
- Diastole
  - Lasts 0.52 seconds
  - Atrial
  - Ventricular
    - 70% passive filling of ventricles
  - Coronary arteries fill



## Heart Action during Atrial Systole



## Heart Action during Ventricular Systole

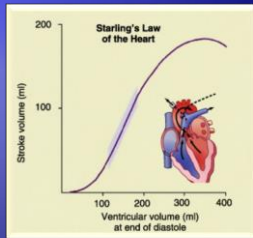


## Cardiac Output

- Stroke volume
  - Amount of blood one ventricle pumps in a single contraction
  - 70 mL
- Heart rate
  - Number of contractions in one minute
- Preload
  - End diastolic pressure (EDP)
  - Pressure in ventricles at the end of diastole
  - More important than afterload (ESP) in determining cardiac output

## Cardiac Output

- Contractility
  - Determined by preload and inotropics
- Starling's law
  - Myocardial fibers contract more forcefully when stretched



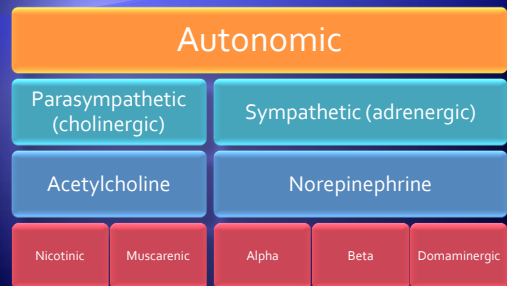
## Cardiac Output

- Afterload (ESP)
  - Peripheral vascular resistance
  - Nature of arterioles
- Blood pressure = CO X PVR

## Cardiac Output

- Around 5L :
  - (72 beats/m  $\times$  70 ml/beat = 5040 ml)
- Rate: beats per minute
- Volume: ml per beat
  - EDV - ESV
  - Residual (about 50%)

## Nervous System Control of the Heart



## Sympathetic Control

- Cardioacceleratory Center
- Sympathetic ganglion
  - Innervates SA node, atria, AV junction, ventricles
- Adrenergic receptor sites

## Sympathetic Control

- Norepinephrine
  - Dopaminergic (carotid arteries, renal, mesenteric, visceral blood vessels)
    - Stimulation causes dilation
  - Alpha (skin, cerebral, visceral)
  - Beta <sub>1</sub> (heart)
  - Beta <sub>2</sub> (lungs)

## Sympathetic Control

- Postganglionic sympathetic fibers release norepinephrine; have effects on myocardium:
  - Inotropic (force of contractility)
  - Dromotropic (velocity of conduction)
  - Chronotropic (heart rate)

## Sympathetic Control

- Sympathetic stimulation of the heart
  - Dilation of coronary blood vessels
  - Constriction of peripheral vessels
  - Increased oxygen demands of the heart met by increase in blood and oxygen supply

## Parasympathetic Control

- Cardiac Inhibitory Center (CIC)
  - Vagus nerve (X)
    - Innervates SA node, atria, AV junction
  - Cholinergic receptor sites

## Parasympathetic Control

- Acetylcholine
  - Nicotinic (skeletal muscle)
  - Muscarinic (smooth muscle)
- Slows rate at the SA node
- Slows conduction through AV node
- Decreases strength of atrial contraction
- Small effect on ventricular contraction

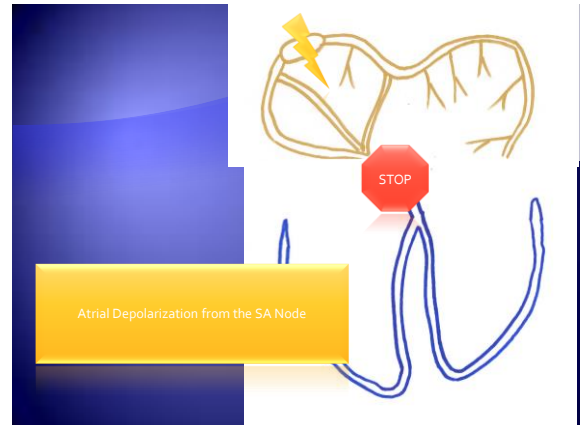
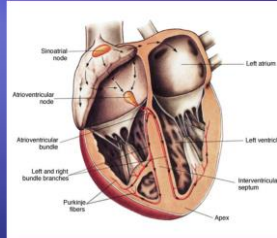
## Parasympathetic Control

- Parasympathetic innervation of the heart by vagus nerve
  - Continuous inhibitory influence on the heart by decreasing heart rate and contractility

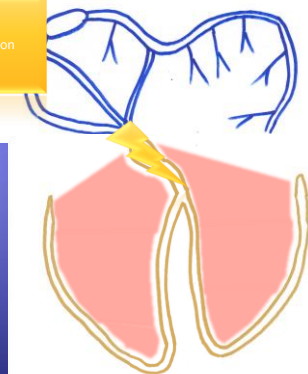
## BRIEF ELECTROPHYSIOLOGY REVIEW



## Conduction System of the Heart

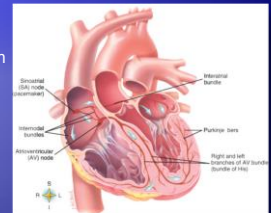


Normal Ventricular Depolarization



## Electrical Conduction System

- Sinoatrial node (SA node)
- Atrioventricular (AV) junction
  - AV node
  - Delay 0.15 sec.
  - Bundle of His
- His-Purkinje system
  - Bundle branches
    - Right
    - Left anterior fascicle
    - Left posterior fascicle





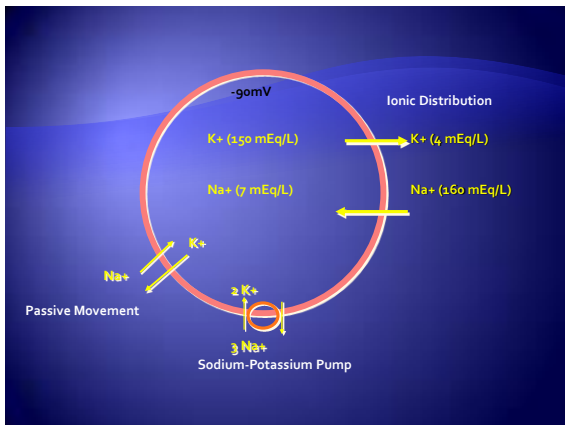
## Cardiac Cell Properties

- Automaticity
  - Ability to generate own electrical impulses
  - Pacemaker sites
- Excitability
  - Irritability – ability to respond to impulses
- Conductivity
  - Ability to receive and transmit impulses (syncytium)
- Contractility
  - Rhythmicity – cause contraction in response to stimuli

## Ion Concentration

Ion	Extracellular Concentration (mmol/L)	Intracellular Concentration (mmol/L)	Ratio of extracellular to intracellular concentration
Na <sup>+</sup>	135 - 145	10	14:1
K <sup>+</sup>	3.5 - 5.0	155	1:16
Cl <sup>-</sup>	95 - 110	20 - 30	4:1
Ca <sup>2+</sup>	2	10 <sup>-4</sup> mmol/L	2 x 10 <sup>4</sup>

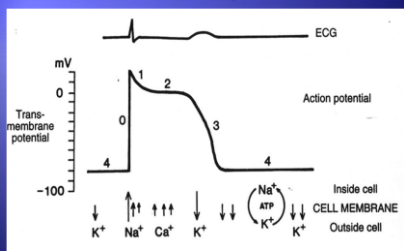
Although intracellular Ca<sup>2+</sup> content is about 2 mM, most of this is bound or sequestered in intracellular organelles (mitochondria and sarcoplasmic reticulum).



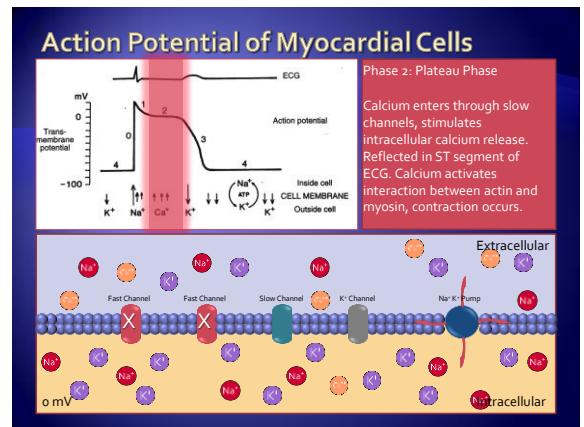
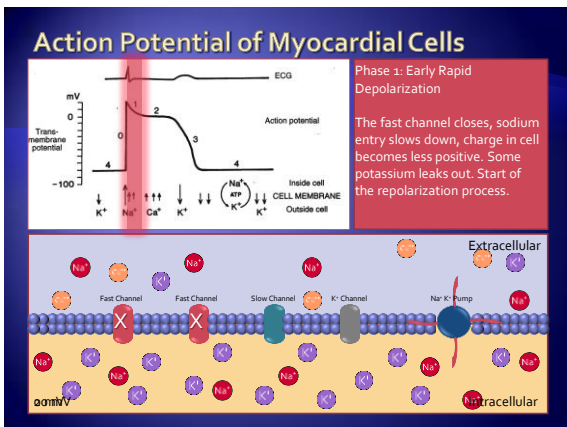
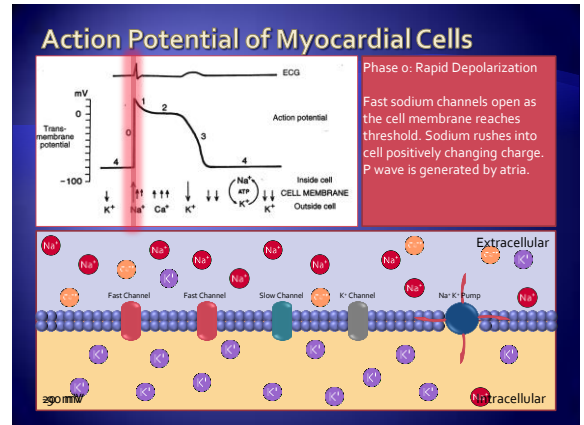
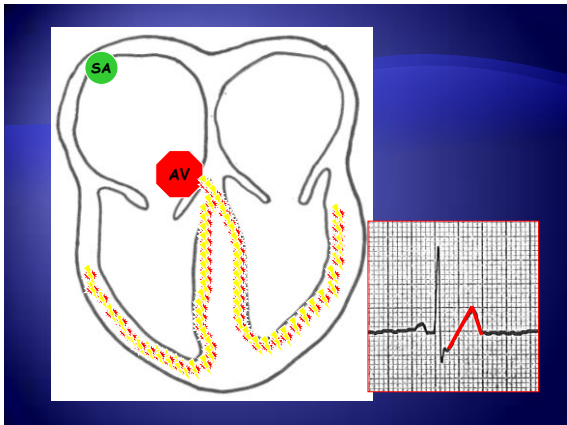
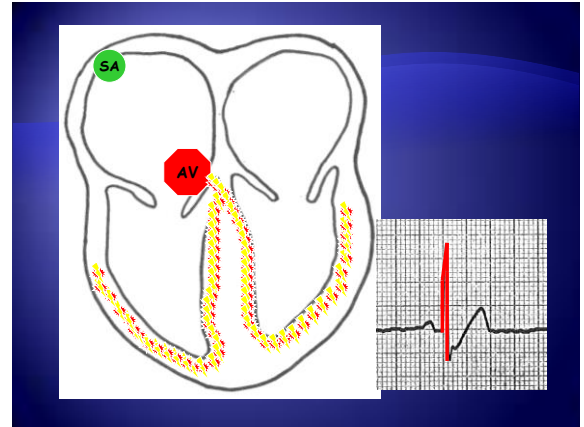
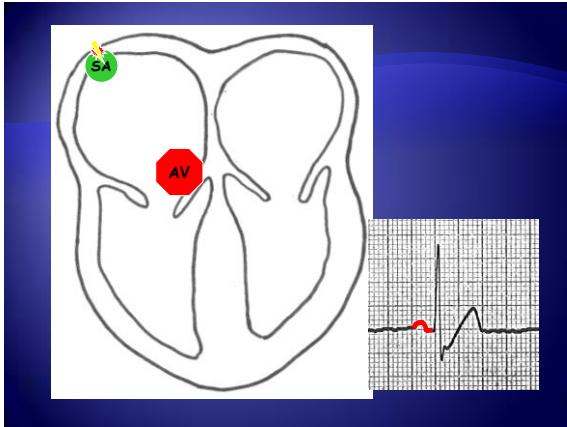
## Cardiac Action Potential

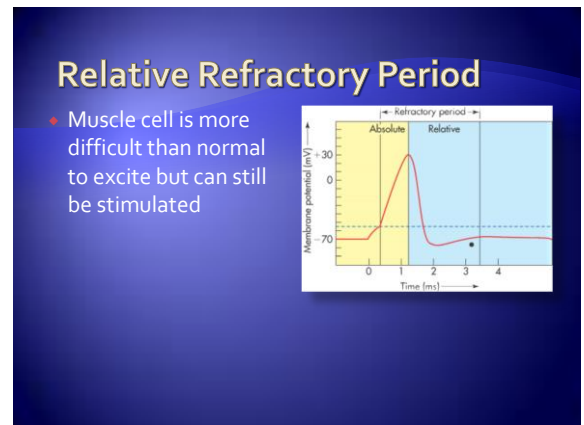
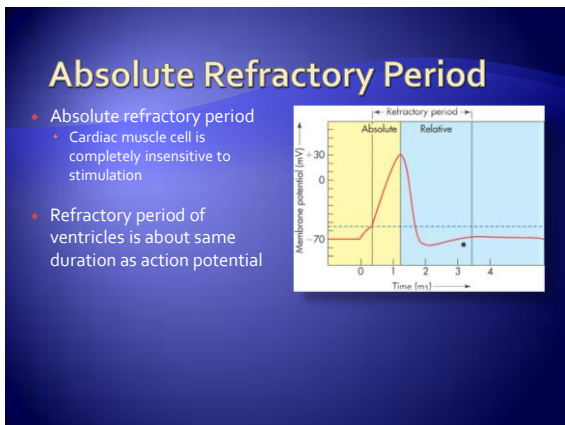
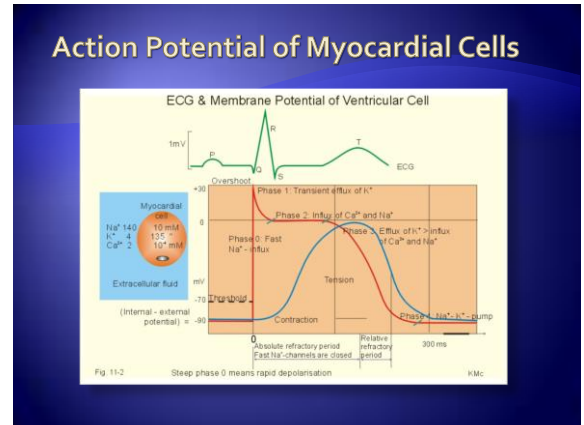
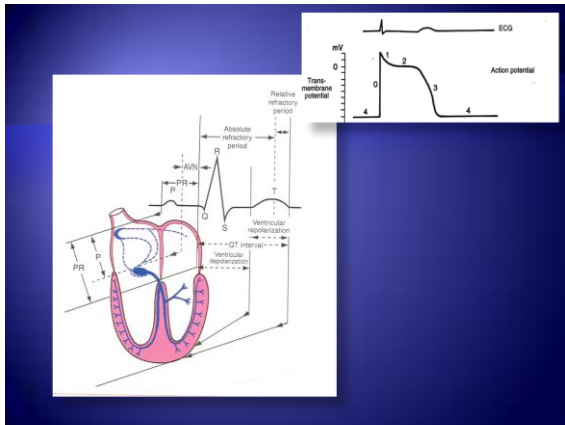
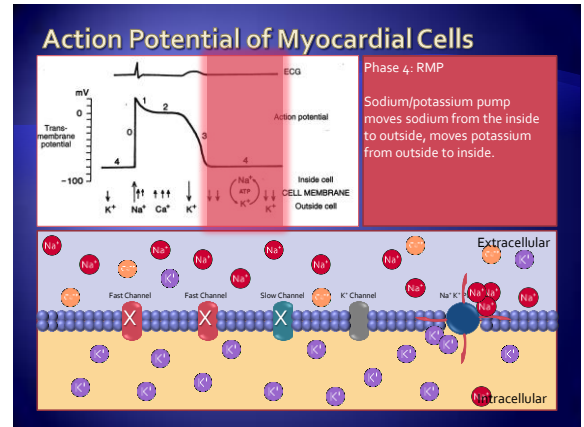
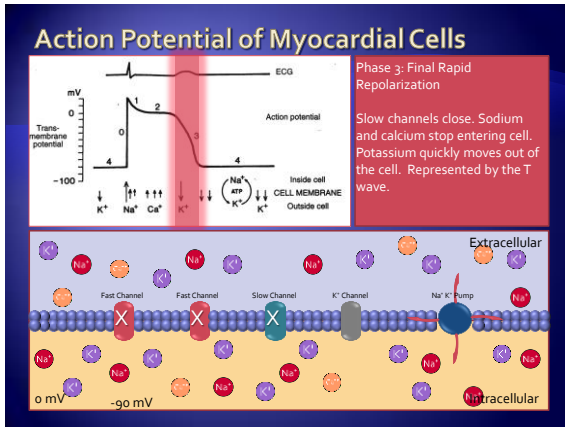
- Phase 0 (rapid depolarization phase)
- Phase 1 (early rapid repolarization phase)
- Phase 2 (plateau phase)
- Phase 3 (terminal phase of rapid repolarization)
- Phase 4 (resting period)

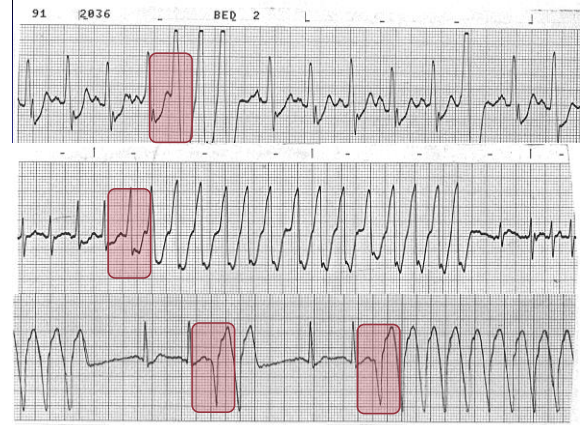
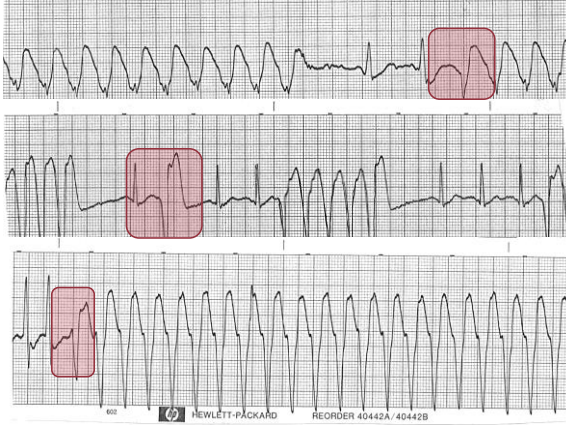
## Action Potential of Myocardial Cells



00:00







QUESTIONS?